

Collaborative Education Series

On-Demand: Kinesiology Tape and Its Applications CME 'Enduring' Presentation

MaineGeneral YouTube

'On-Demand'- Enduring Presentation

Audience: Physicians, NP's,
and PA's

**Date: On-Demand
Enduring Presentation**

No Tuition

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CME certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on MGH Connect landing page under "What's Happening".

Program Date: June 1, 2023
Release as Enduring Date: June 7, 2023
Expiration Date: June 7, 2026

Presenters:
Christopher O'Toole, ATC, CSCS Colby College Sports Medicine

Statement of Need:

- For the last decade or more athletes of all levels have used kinesio tape (KT tape) to treat, manage, or help prevent injuries. From professional athletes to weekend warriors, KT tape is a widely available resource with many benefits for both chronic and acute injuries. However, most medical professionals, including athletic trainers, do not have the necessary training to apply this tool correctly for specific conditions and are missing the potential benefits KT may provide for their patients.

-By participating in this program, athletic trainer will be able to identify conditions or injuries that would benefit from the use of kinesio tape. The athletic trainer will be able to utilize the proper application of kinesio tape to aid in the treatment and management of specific sports injuries, and create a plan of care which includes the use of kinesio tape to help meet the patient's goals.

Objectives:

- Express a working knowledge of the history of kinesio tape.
- Identify the different kinesio tapes available and its uses.
- Demonstrate practical application of kinesio tape.
- Perform advanced applications of kinesio tape.
- Apply the use of kinesio tape to a number of the most common conditions.

To view all our CME Enduring Programs:

SCAN



For Physicians (MD's, DO's, PA's, NP's)



Disclosure Statements:

Faculty: Christopher O'Toole has provided a signed disclosure indicating no financial interest in any commercial interest that affect the content of this program (kept on file in the Medical Education Coordinator Office MGMC).

Credits awarded:

CME's awarded: 1.5

The MaineGeneral Medical Center designates this enduring activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MaineGeneral Medical Center and Colby College. MaineGeneral Medical Center is accredited by the ACCME and the Maine Medical Association's Committee on Continuing Medical education to provide continuing medical education (CME) for physicians.

Each physician should claim only those credits that he/she actually spent in the activity.

This activity has been planned and implemented in accordance with the Essentials and Standards of the Maine Medical Association Committee on Continuing Medical Education and Accreditation through the partnership of MaineGeneral Medical Center and Colby College Sports Medicine Department.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration or at the event. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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